

STEPHEN STONE



EXERCISE PHYSIOLOGIST

Stephen is an accredited Clinical and Occupational Exercise Physiologist/Sports Scientist. He has a wide range of experience working with individuals who have been diagnosed with a variety of Neurological, Cardiovascular, Metabolic, Mental Health and Musculo-skeletal disorders as well as aiding high performance athletes. He has actively worked in Rural, Occupational and Clinical Health for just over 26 years with extensive knowledge on acute, sub-acute and chronic conditions and appropriate exercise based therapy. Stephen was awarded 2017 Exercise and Sports Science Australia (ESSA) Australian Exercise Physiologist of the Year.

Qualifications:

- Bachelor of Exercise Science
- Masters of Exercise Physiology
- Level 3 Exercise Professional
- Clinical Bone Densitometry (DEXA) Technician

Contact:

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